

# What is TOXIC

Hair and Body Products

Herbicides, Pesticides

Relationships (toxic emotions)

EMF (dirty magnetic fields-5G)

Mercury Amalgams

Cookware

Furniture off Gassing

Alcohol, 1st & 2nd Hand Smoke

Pharmaceuticals

Environmental Pollution



# How Our Body Eliminates Toxicity

- Liver
- Kidney
- Skin
- Colon
- Lung



# SIGNS OF TOXICITY:

Fatigue

Headaches

Constipation

Joint pain

Anxiety

Depression

Muscle aches

Insomnia

High blood pressure

Cancer

