

# PEMF (Pulsed Electromagnetic Field) Therapy

## **What is PEMF?**

Pulsed Electromagnetic Field (PEMF) therapy is one of the world's oldest forms of healing. PEMF works to recharge the 75 trillion cells in your body using low-frequency pulses to create a brief, intense voltage around each cell, thus providing your cells with more energy. Research has shown that low energy pulsating fields within the frequency range of “the biological window” (3–25 Hz), as well as the inner and outer wave patterns of the Earth's magnetic field (7.83–11.79 Hz) can produce remarkable positive changes within the body.

## **What is iMRS?**

Intelligent Magnetic Resonance Stimulation (iMRS) is a device using PEMF technology to assist in maintaining a healthy lifestyle. iMRS indicates that by applying a pulsating electromagnetic field that matches the Earth's magnetic field, nearly all 75 trillion cells of the body can be stimulated into harmonic resonance. As a result the powerful capacity within the cell membrane increases and enables the cells to produce more energy. This energy enhances the self-healing powers of the body.

## **Benefits of PEMF with iMRS:**

- Stimulate cell metabolism and repair
- Invigorate and regenerate body cells
- Maximize mental clarity, focus and productivity
- Support faster exercise recovery and injury rehabilitation
- Increase energy, vitality and strength
- Optimize physical and psychological balance
- Improve circulation and immune system function
- Enhance vitamin and mineral absorption
- Aid relaxation and detoxification

Magnetic field therapy is considered safe and effective for a wide variety of health conditions, Health Canada has approved its use with over 10,000 studies in the application of cancer, inflammation, arthritis and bone healing/regeneration, with no adverse reactions and few contraindications (pregnancy, epilepsy and electronic implants).

